

ENCOURAGE  
**SAFE**  
MEDICATION  
PRACTICES

## 5 POINT STRATEGY

- 1 Talk to your doctor
- 2 Talk to your pharmacist
- 3 Use medications as directed
- 4 Avoid sharing medications
- 5 Dispose of medications properly



Get free resources & learn more about Rx drug abuse at [GenerationRxWorkplace.com](https://www.GenerationRxWorkplace.com)



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**1 in 5** people in the U.S. abuses prescription medications,  
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*A Dose of Reality* encourages employers to educate and support their employees to be safe and responsible consumers of prescription medication.

*A Dose of Reality* envisions a healthy American workforce, free from the personal hardships and financial burden of prescription drug abuse.

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